

# Massages

**Neck, Back & Shoulders** 40 min \$40 usd

- Slow gliding strokes
- Topmost layer of muscle
- Medium -Deep pressure

**Reflexology Feet** 60 min. \$75 usd

- Gentle manipulation of feet by applying pressure on specific parts that are connected to the body making you feel in balance, positive and full of energy

**Reflexology Feet & Hands** 60 min \$75 usd

- Gentle manipulation of feet and hands by applying pressure on specific parts on feet and hands that are connected to the body making you feel in balance, positive and full of energy

**Swedish Massage** -Relaxation -Rejuvenation

- Slow long gliding strokes
- Light rhythmic tapping strokes
- Topmost layers of muscle
- Passive joints movements
- Light -Medium pressure

60 min \$60 usd

90 min \$90 usd

**Sport Massage** -Energizing

- Firm -deep long strokes
- Stretching
- Fast moves
- Active joints movements
- Medium -Deep pressure

60 min \$80 usd

90 min \$110 usd

**Mayan Massage** -Relaxation -Healing

- Four different techniques involved [swedish, reflexology, aromatherapy, hot stones]
- Soft long strokes
- Topmost layers of muscle
- Passive joints movements
- Light -Medium pressure

60 min \$85 usd

90 min \$115 usd

**Deep Tissue Massage** -Anti stress -Energizing

- Slow deep strokes
- Deep layer of muscle
- Passive joints movements
- Medium -deep pressure

60 min \$80 usd

90 min \$110 usd

**Prenatal** -Relaxation

- Face up / Side laying
- Soft strokes
- Topmost layers of muscle
- Light pressure

60 min \$75 usd

**Four Hands** -Relaxation -Anti stress -Rejuvenation

- Two therapists using synchronized moves
- Slow choreographed moves
- Detailed -rhythmic strokes
- Topmost layers of muscle
- Light -deep pressure

60 min \$150 usd

90 min \$210 usd

**Aromatherapy** -Relaxation -Healing

- Four different essentials to inhale through nose and absorb through the skin
- Soft long gliding strokes
- Passive joints movements
- Medium -deep pressure

60 min \$75 usd

90 min \$100 usd

**After sun - corporal treatment with aloe vera**

- Immediate soothing relief -Promotes healing process
- The cooling feeling will help your skin hydrated to prevent it from blistering and peeling. It will hydrate, moisturize and rejuvenate your skin.

- Hydrating massage
- Soft long strokes
- Aloe vera skin mask
- Fresh -wet cooling towels
- Hydrating facial mask
- Aloe vera body moisturizer

60 min \$75 usd

# Beauty SPA

Time Price

**Silk Gloves** 30 min \$30 usd  
Exfoliation, paraffin wax, moisturizer, hand massage, nail polish

**Facial Express** 30 min \$50 usd  
Cleanse, exfoliation, facial mask, toner, moisturizer, facial massage

**Facial Spa** 60 min \$75 usd  
Cleanse, exfoliation, face ampoule, steam, extraction, facial mask, toner, moisturizer, facial massage

**Manicure Express** 30 min \$30 usd  
Cuticles, clip and file nails, exfoliation, moisturizer, hand massage, nail polish

**Manicure Spa** 60 min \$40 usd  
Cuticles, clip and file nails, exfoliation, hands mask, moisturizer, hand massage, nail polish

**Pedicure Paraffin Wax** 45 min \$50 usd  
Cuticles, clip and file toenails, file hard skin, exfoliation, paraffin wax, moisturizer, foot massage, toenail polish (optional)

**Pedicure Express** 30 min \$40 usd  
Cuticles, clip and file toenails, file hard skin, exfoliation, moisturizer, foot massage, toenail polish (optional)

**Pedicure Spa** 60 min \$50 usd  
Cuticles, clip and file toenails, file hard skin, foot mask, moisturizer, foot massage, toenail polish (optional)

**Body Treatment Spa** 60 min \$80 usd  
Body exfoliation, hot shower, skin mask, hot shower, skin moisturizer

**Extras**  
Paraffin wax \$5 usd  
Nail polish \$10 usd  
Gel polish \$15 usd

